



## A Man Worthy of our Praise and Hope

The men traveling with Jesus on a stormy Galilean night said something that ought to make us sit up and take notice: “What kind of a man is this ...?” If we ask ourselves that same question, we will start to see the big picture of who Jesus Christ is instead of concentrating on the facets of His personality revealed by individual stories.

Imagine the wind—which had been funneled through a narrow gorge—pushing out over the Sea of Galilee, making the water turbulent. Jesus and His disciples were caught in just such a dangerous storm while making their way to Gadara. As waves crashed over the deck of the boat, the experienced seamen onboard were convinced that death was imminent.

But Jesus was sleeping. He was resting quietly during a storm so frightening that the Greek word used to describe it is *seismos*—from the same root that gives us the phrase “seismic activity” for earthquakes. What kind of man is this who can sleep while the boat heaves and pitches? The answer is that as the One who *created* the seas, Jesus knows how a storm brews and what energy causes a wave to stay in motion. That’s the kind of man He is: a divine Being

cloaked in humanity, who rebuked the winds and sea so they became perfectly calm.

Scripture indicates that both the air and the water were instantly stilled. Such is the power of Jesus, the Creator and Lord over the universe. Taken together, all the Bible stories about Jesus reveal the “big picture” that He is the only man worthy of glory, honor and praise (Revelation 5:12).

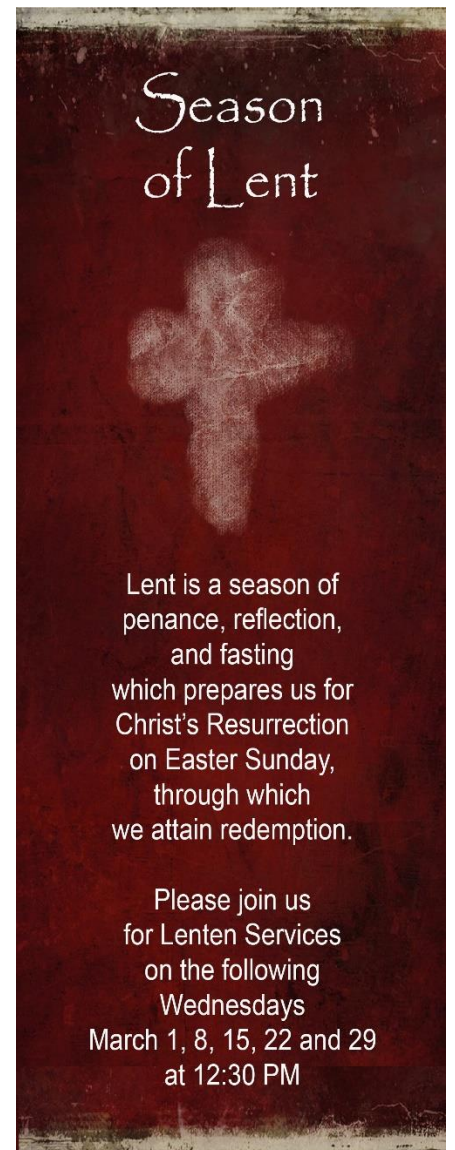
Christ’s resurrection is the foundation of our faith. There are many people who think it’s sufficient to believe that Jesus lived and died. However, the Savior’s restoration to life is central to what He claimed about His identity and to Christianity as a faith. Picking up on the previous questions, we must ask what kind of man is this who rose from the dead?

The answer is that Jesus Christ is the Son of God, who died for our sins and rose again because death has no power over Him. The resurrection validated Jesus’ ministry. All along, He said and did things to reveal Himself as Lord. When the Lamb of God—the perfect sacrifice for sin—conquered death, He confirmed His identity. Who but the Creator could return to life?

We could also answer the question by saying that the kind of man who returns from the dead is one worthy of our hope. Since Jesus Christ affirmed God’s power to give His followers eternal life, their earthly existence is not marching toward an end; rather, it is the opening chapter of a beautiful and never-ending relationship with God. Paul said that at death, Christians are absent from their bodies and

present with the Lord (2 Corinthians 5:8). So, the best is yet to come!

Apart from Jesus’ resurrection, there is no hope. Those who chase after their own versions of immortality have no assurance of life after death, because of them, there is none. Yet believers face death with the confidence that nothing can separate them from the love of the Father. Death is just a short trip home.



Lent is a season of penance, reflection, and fasting which prepares us for Christ’s Resurrection on Easter Sunday, through which we attain redemption.

Please join us for Lenten Services on the following Wednesdays  
March 1, 8, 15, 22 and 29  
at 12:30 PM

 **Abiding Savior Lutheran Church, School & Preschool**  
23262 El Toro Road  
Lake Forest, California 92630  
Church: 949.830.1460

## Church Staff

Reverend Glenn Lucas, Senior Pastor  
Dr. Christian Guebert, Director of Music  
Chris Vick, IT Specialist  
Janet Calhoun, Church Secretary  
Tricia Stroube, HR/Office Manager  
Lisa Taylor, Accounting  
Laura Lyons and Jennifer Kranawetter, Admin Assistants to Pastors  
Lori Beniche, Director of Communications  
Linda Bo, Editor of Day by Day

## Church Officers

Miguel Campos, President  
Daniel Carrillo, Vice President  
Sara Helmreich, Secretary  
Abigail Wichmann, Treasurer  
Erica Volz, Congregation Liaison

## School Staff

School.....949.830.1461  
Donna Lucas, School Principal  
Yesi Naber, Admissions Director  
Keigh Lee Horn, School Secretary  
Marika Parent, School Secretary  
Extended Care .....949.837.4289  
Deana Hicks, Extended Care Director

## Preschool Staff

Preschool Center .....949.837.4292  
Mary Wolfenbarger, Preschool Director

### Church Office Hours

Monday through Friday  
8:00 AM to 4:30 PM

### School Office Hours

Monday through Friday  
7:30 AM to 3:30 PM

### Preschool Office Hours

Monday through Friday  
8:00 AM to 4:00 PM

Visit us on our website at  
abidingsavior.com



abidingsaviorlakeforest



abidingsavior



Have you read the new version of Matthew 25:35? (ESV) "For I was hungry and you gave me food, I was thirsty and you gave me drink." *I needed to have my taxes done, and ASLC prepared my taxes for free!*

While these words are not scriptural, it does convey a way to help our neighbors in need. Yes, we at ASLC provide free income tax service to the community through the VITA (Volunteer Income Tax Assistance) program, which is sanctioned by the IRS. And YOU can be a vital part of it. The VITA team is seeking fellow brothers and sisters to join this team, which will be a blessing to our neighbors and to you. Many times, a client will ask, "Why are you doing this free service?" This opens the door to be a witness of our faith, and if a client has no church home to invite them to an ASLC service. And indeed, there have been clients that have attended, and perhaps others who have attended virtually.

We are not just looking for tax preparers, we also need greeter/intaker volunteers.

Prayerfully consider this golden opportunity to serve and then contact Bruce Hultine ([cahultine@icloud.com](mailto:cahultine@icloud.com)) for your questions and details about the program.

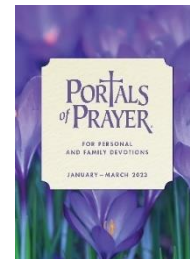
We also can prepare taxes for all members of Abiding Savior, regardless of income. If you would like more information contact Bruce at the email listed above.

## Ladies Guild Scholarship

The Ladies Guild will once again be accepting applications from students studying to enter church careers at LCMS colleges, universities and seminaries, who are members of Abiding Savior Lutheran Church.

All are encouraged to contact the church office for a scholarship application. A letter of recommendation from the Abiding Savior Pastor and a teacher or school administrator who knows you well are required. **The deadline for applying for a Ladies Guild Scholarship is March 12, 2023.**

## Portals of Prayer



The April, May and June 2023 edition of Portals of Prayer is now available. Pick up your copy at either the desk in the Narthex or in

the Gathering Grounds. Portals of Prayer is great for personal devotions and can be used to open church meetings or Bible studies.



Mite Boxes are used to further God's kingdom through the mission grants. Its name comes from the lesson of the widow's mite.

Mite Boxes are available from the church office. Place your Mite Box in an obvious place so you can "feed" it. Return your filled Mite Box to the church office and exchange it for an empty box and start filling it again! May God bless our efforts to spread the good news.





## Ladies Night Out

Janice Trumbauer

The Women's Fellowship craft in February went very well. We even had a teacher from Abiding Savior School who had her 4th grade student's make them for Valentine's Day.



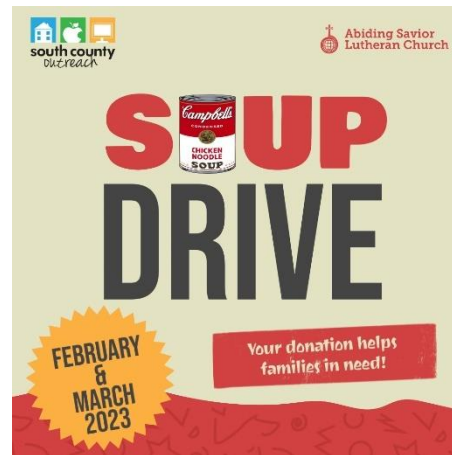
We meet on March 6 from 6:00 PM to 7:30 PM, it's BINGO night! And of course a potluck; A-L salad, M-Z main dish. In April, we will meet on the 3rd and have an Easter craft for our homebound members.

For questions, contact Janice Trumbauer at [Krafter@cox.net](mailto:Krafter@cox.net) or call 949.609.9766.

## First Communion Class

Beginning Sunday, March 12, Abiding Savior will offer a three week communion instruction course for students in fifth grade and above who have not yet been

confirmed. Student and a parent should bring a Bible to Mrs. Randall's classroom (C204) at 9:15 AM. Please call the church office at 949.803.1460 if any questions.



South County Outreach has a growing need for soup to help feed the many people in Orange County, including families and the elderly.

Please bring in canned or packaged soup throughout March to the Narthex (on your way to service) or the church office during the week.



Do you like coffee, donuts, and people?

The Gathering Grounds is looking for volunteers to serve on Sunday mornings. The Gathering Grounds is open on Sundays from 9:00 AM to 10:15 AM and also from 11:15 AM to 11:45 AM. It is a

wonderful and fun service opportunity.

Please sign up by [clicking here](#). For further information please contact Samantha Fitt at [sfitt@abidingsavior.com](mailto:sfitt@abidingsavior.com).

## Take Me Out to the Ballpark



Mark your calendars for **Friday, April 21**, and join us for Abiding Savior Night with the Angels. The game begins at 6:30 PM against the Kansas City Royals.

This is also Star Wars Night. Everyone will go home with a Mike Trout BB8 bobblehead!

Tickets are available until March 19 in the church office, the school office and at church on Sunday. Don't miss this opportunity to take your family to the ballpark!



This Lenten season we would like to collect new socks and underwear for the Orange County Rescue Mission. Any sizes will be welcome. Their most urgent need now is for women and children.

Please bring in **NEW** packages of socks and underwear to church on **Sunday, March 12**, as we will collect these items on "Undie Sunday."

## Sunday Morning Adult Bible Study

Sunday Morning Adult Bible Study meets at 9:15 AM to 10:00 AM each Sunday morning in the Adult Education Room across from the Worship Center. We have begun a study of THE BEATITUDES that is designed to lead us into a more meaningful understanding of Jesus' message to us all about what the life as a follower of Jesus, i.e., a Christian, is meant to look like as Jesus Himself explained it. His message, when fully understood, will bring peace and true reassurance to the believer. Won't you too come and join us for this uplifting experience? Pastor Matt Chandler will be our teacher and Roger Brown plans to moderate the discussion.

## Wednesday Morning Adult Bible Study

Join us Wednesday mornings at 11:30 AM in the Adult Ed room for Bible Study. Come study the Word of God! We will meet at 11:30 AM through March 29, so right after Bible study we can attend the 12:30 PM Lenten Service.

## Rose Parade Update

*Lou Marting*

Abiding Savior was well represented at this year's Rose Parade.

### PETAL PUSHERS

Mom and daughter team Carol and Kristen were first-time Petal Pushers®. Carol has wanted to work on the floats since she first saw the Rose Parade growing up in Indiana. Kristen is a teacher at Abiding Savior Preschool and as

Carol said, "is a go-getter and made this happen!"



*Carol and Kristen applying raffia to the swing tethers.*

### FLOAT RIDERS



The 2023 Lutheran Hour Ministries Rose Parade float riders came from area schools and congregations, Lutheran Hour Ministries, Pacific Southwest District, Concordia University-Irvine, Thrivent, and Concordia Publishing House.

Our own Aaron Lucas was one of them – first from left top row.



### COLORING CONTEST WINNER

A big congratulations goes out to Abiding Savior Lutheran School Fourth Grader Anna and her Teacher Stacy Rodarte. They won

2023 Petal Pusher T-shirts in the Petal Pushers Coloring Contest!



### 2024 ROSE PARADE

Incoming Tournament of Roses President announces the 2024 Rose Parade theme to be: ***Celebrating a World of Music - The Universal Language.***

We've been invited to participate once again and yes, in the meeting held on Saturday, February 4, the Lutheran Hour Ministries Float Committee and the So CA LLL District voted to accept the invitation!

So, we're on the road to Monday, January 1, 2024 and the 2.5 mph 5.5 mile trip along Colorado Blvd, Pasadena CA!

The planning begins!!



**PRESCHOOL**  
**Mary Wolfinbarger**  
**Preschool Director**



March 19-22, we will welcome our National Lutheran School Accreditation (NLSA) Team to our school. NLSA encourages and recognizes schools that provide quality Christian education and engage in continuous improvement. The purpose of NLSA is to help all Lutheran schools improve; help all Lutheran schools evaluate themselves based on their unique purposes; assure a level of quality for accredited Lutheran schools based on national standards; and give appropriate recognition to those schools that complete the process successfully.

As part of the process, we have already begun to identify our continuous improvement plan. Some of the things that we are planning include the following:

- Additional roman shades for the front playground.
- Outdoor sinks on front and back playground.
- Watering system for outdoor back planters.
- Storage area for blue blocks.
- Bench planters for the front playground, including a prayer/meditation area.
- Streamlining our registration, billing, communication, lesson planning, and assessment system.
- Be prepared to add infants and toddlers if Universal Pre-K adversely affects our older population.
- Continue to look for and prepare future staff. Use our connections with current congregation members and school parents to encourage getting units. (We currently have three parents who are getting early childhood units to be ready next year.)
- Work with CUI on reimplementing their early childhood program

If you are a Grandparent of a preschool-age child, we cordially invite you to attend our Grandparents Day event on March 11. We will begin in the church praising God with music, enjoy a snack, photo opportunity, and craft in the gym, and end with an open house in the preschool. Whether you have a grandchild attending Abiding Savior Lutheran Preschool or not, we hope you will attend!

If you know of anyone who would benefit from our Christ-centered developmentally appropriate program, please have them contact our Director, Mary Wolfinbarger, for more information on the center or to schedule an appointment for a tour at 949.837.4292 or [mwolfinbarger@abidingsavior.com](mailto:mwolfinbarger@abidingsavior.com). You can also visit our website at:

[www.abidingsavior.com](http://www.abidingsavior.com).

## CHILDREN'S Sunday School

The school year ended with the story of the Magi in search of the baby Jesus. The year began with the account of John the Baptist, his dietary lifestyle (none of the students were keen on having locusts for dinner), and most importantly, the Baptism of Jesus. Thereafter, Jesus began His arduous venture into the wilderness.

Afterwards, Jesus was tempted by the Devil. The children were given a short, open Bible, multiple choice quiz on the temptations.

For the next Bible study, the children reenacted the story of Samuel by playing and reading the parts of Samuel, Eli, and the Lord.

Just like the church has a Unity Sunday service, so did the Sunday School hold a Unity Sunday School. For this event, the children made valentines for the shut-ins of ASLC (as

seen in the photo below). In gratitude for their handiwork, the children received a beautiful, handmade greeting card with several signatures and notes of appreciation on it.



The following Sunday, the children made a valentine for their own family. And as part of reading the story of King David of the Bible, they were "crowned" a king, even though they had to create their own "crown" (as seen in the picture).



PARENTS/GRANDPARENTS: Please ask your children what they did in Sunday School...What was the Bible story, ask to see any craft they may have made, ask to see puzzles they worked on, or a colored, Bible story-related piece of artwork. Many times, the children will forget to take their handiwork with them upon dismissal, so ask them if they need to come back to the classroom for their personal creations.

PARENTS/GRANDPARENTS: If you have questions, concerns, suggestions about Sunday School, bring them to the attention of the Sunday School staff, who wants Sunday School to be a positive, uplifting, Bible-learning, and pleasant experience for your child, which will spill over to YOU, as well as being a beneficial guidance for the staff.



# Parent Education Night

## Anxiety: The False Alarm

Join us as LMFT, Kaysee Cooper discusses differentiating between anxiety and stress and how to support our kids in coping through their experiences.

*Childcare will be provided.*

**Guest Speaker:**  
**Kaysee Cooper, LMFT**

Licensed Marriage and Family Therapist in Orange County, California, providing education and support in the local community on topics which include social media use with teens, psychoeducation, anxiety and depression, and ADHD.



[www.seedstherapy.org](http://www.seedstherapy.org)

Hosted by

**Abiding Savior  
Lutheran School**

**Wednesday**

**March 15, 2023**

**6:30pm**

### About Us

SEEDS Christian Counseling, a program of California Youth Services offering a variety of mental health services to students in K-12 Christian schools.





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 9a-Wednesday Bible Study 12:30p-Midweek Lent Worship 6p-Confirmaiton 6:30p-Rooted 7:45p-AA	<b>2</b> 8a-Coffee Shop Thursday Drop-Off 7:30p-Abiding Praise Practice	<b>3</b> 7:30p-Narcotics Anonymous	<b>4</b> 9a-Altar Guild Prep 9a-VITA Income Tax Preparation 10a-Sew and Sews 5p-Praise Worship Service
<b>5</b> Worship Schedule- See chart at bottom of Calendar	<b>6</b> 6p-Women's Fellowship Night 7p-Elders Bible Study 7:30p-Narcotics Anonymous	<b>7</b> 4p-VITA Income Tax Preparation 5p-Pickleball 7:15p-Praises Ring Rehearsal	<b>8</b> 11:30a-Wednesday Bible Study 11:30a-Ladies Guild 12:30p-Midweek Lent Worship 3p-Girl Scout Troup 4613 6p-Confirmaiton 6:30p-Rooted 7:30p-Chapel Choir 7:45p-AA	<b>9</b> 8a-Coffee Shop Thursday Drop-Off 7:30p-Abiding Praise Practice	<b>10</b> 7:30p-Narcotics Anonymous	<b>11</b> 9a-Altar Guild Prep 9a-VITA Income Tax Prep 5p-Praise Worship Service
<b>12</b> Worship Schedule- See chart at bottom of Calendar 11:45a-Life Group: Glenn & Debbie Amick 2:30p-Piano and Voice Recital	<b>13</b> 7p-Boy Scout Guest Speaker 7:30p-Narcotics Anonymous	<b>14</b> 4p-VITA Income Tax Preparation 5p-Pickleball 6p-Rock of Aging on Zoom 7:15p-Praises Ring Rehearsal	<b>15</b> 11:30a-Wednesday Bible Study 12:30p-Midweek Lent Worship 6p-Confirmaiton 6:30p-Rooted 6:30p- SEEDS Parent Education Night 7:30p-Chapel Choir 7:45p-AA	<b>16</b> 8a-Coffee Shop Thursday Drop-Off 7:30p-Abiding Praise Practice	<b>17</b> <b>St. Patrick's Day</b> 7:30p-Narcotics Anonymous	<b>18</b> 9a-Altar Guild Prep 9a-VITA Income Tax Preparation 11a-Jan Morton Memorial Service 5p-Praise Worship Service
<b>19</b> Worship Schedule- See chart at bottom of Calendar	<b>20</b> 7p-Elders Bible Study 7:30p-Narcotics Anonymous	<b>21</b> 5p-Pickleball 7:15p-Praises Ring Rehearsal	<b>22</b> 11:30a-Wednesday Bible Study 12:30p-Midweek Lent Worship 6p-Confirmaiton 6:30p-Rooted 7:30p-Chapel Choir 7:45p-AA	<b>23</b> 8a-Coffee Shop Thursday Drop-Off 7:30p-Abiding Praise Practice	<b>24</b> 8a-Glow Run 7:30p-Narcotics Anonymous	<b>25</b> 9a-Altar Guild Prep 9a-VITA Income Tax Preparation 5p-Praise Worship Service
<b>26</b> Worship Schedule- See chart at bottom of Calendar	<b>27</b> 6p-Cub Scout Den Meeting - Classrooms 7:30p-Narcotics Anonymous	<b>28</b> 4p-VITA Income Tax Preparation 5p-Pickleball 7:15p-Praises Ring Rehearsal	<b>29</b> 11:30a-Wednesday Bible Study 12:30p-Midweek Lent Worship 6:30p-Rooted 7:30p-Chapel Choir 7:45p-AA	<b>30</b> 8a-Coffee Shop Thursday Drop-Off 7:30p-Abiding Praise Practice	<b>31</b> 7:30p-Narcotics Anonymous 7:30p-Concordia Symphony Concert	

### WORSHIP | COMMUNION SCHEDULE

In Person Informal Worship – Saturday 5:00 PM

In Person Classic Worship – Sunday 8:00 AM

In Person Abiding Praise Worship – Sunday 10:15 AM

Live Stream Abiding Praise Worship Via You Tube – Sunday 10:15 AM

Communion Offered Weekly

Communion Offered 1<sup>st</sup> and 3<sup>rd</sup> Weeks

Communion Offered 2<sup>nd</sup> and 4<sup>th</sup> Weeks





# Abiding Savior Lutheran Church

23262 El Toro Road  
Lake Forest, CA 92630

Return Service Requested  
Time Dated Materials



# Abiding Savior Lutheran School

## GLOW RUN

The 2023 Glow Run is Here!

**KICK OFF DATE: MARCH 13TH**  
**EVENT DAY: MARCH 24TH**

GOAL IS TO RAISE \$25,000 FOR  
SCHOOL WIDE S.T.E.A.M EQUIPMENT

LOOK OUT FOR INFORMATION ON HOW TO DONATE  
IN THE CHURCH EMAIL OR SCHOOL BULL HORN.

IF YOU WOULD LIKE MORE INFORMATION, PLEASE CONTACT  
SAMANTHA FITT AT: [sammfitt@gmail.com](mailto:sammfitt@gmail.com)