

Abiding Savior Lutheran Church **June 2025**

Day By Day



Living Boldly Stephanie Harmon

Boldness is defined as the "willingness to take risks and act innovatively; confidence or courage." Does this describe you? It might be easy to be bold in certain areas of your life, but what about your faith? For me, having a bold faith is being able to be vulnerable in my beliefs with others, even if they don't share the same. It is sometimes easier to go with the social norm than to speak up. The words from 1 Corinthians 16:13 provide us great guidance on having a bold faith: "Be on your guard; stand firm in the faith; be courageous; be strong." (NIV). If you struggle with this like I do, let's challenge each other to pause and pray for help in these moments. When you feel yourself holding back or start to feel ungualified, let us rest assured that we can stand firm on our faith!

Acting out what we believe in our daily lives can be bold - whether it's through our words or actions, large or small, we can be bold in knowing that God is with us. Perhaps we are being called to show someone kindness who won't return it, or to forgive someone instead of holding a grudge, to love someone who the world calls unlovable, or even to pray boldly for something on

our hearts. God provides us with the daily strength to do what we're called to do.

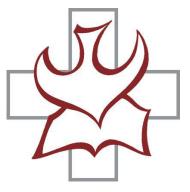
Boldness can be scary, especially if we attempt it alone. But we are never truly alone. In fact, we couldn't do it if we were alone. When the Lord leads us, we can follow Him without fear, knowing the outcome is always in His hands. I pray that in June, you will find different ways to be bold in your faith! Where is God calling you to be bold?

Confirmation Class of 2025



Congratulations to Kaylynn Barnes, Natalya Canett, Danika Fox, Emily Kindreich, and Emma Kusel on their Confirmation!

May the Holy Spirit guide them always and strengthen them in their faith journey!



Congregation News



Worship Services Saturday 5:00 pm | Informal Worship Sunday 8:00 am | Classic Worship Sunday 10:15 am | Praise Worship

June 29th 10:15 am | Unity Worship

with Children's Church



Adult Bible Study Wednesdays 9:00 am Gathering Grounds Sundays 9:15 am Adult Education Room

Free To Grow: Financial Reporting



Abiding Savior Lutheran Church, School & Preschool

23262 El Toro Road Lake Forest, California 92630 Church: 949.830.1460

Church Staff

Reverend Glenn Lucas, Senior Pastor Dr. Christian Guebert, Director of Music Tricia Stroube, HR and Office Manager Alexis Upchurch, Director of Family Ministry Chris Vick, IT Director Janet Calhoun, Church Secretary Lisa Taylor, Accounting Laura Lyons, Member Coordinator Stephanie Harmon, Business Administrator Lori Beniche, Director of Communications Stephanie Harmon, Editor of Day by Day

Church Officers

Jonathon Harmon, President Daniel Carrillo, Vice President Sara Helmreich, Secretary Lynda Jacobs, Treasurer Erica Volz, Congregation Liaison

School Staff

Preschool Staff

> Church Office Hours Monday through Friday 8:15 AM to 4:00 PM

School Office Hours Monday through Friday 7:30 AM to 3:30 PM

Preschool Office Hours Monday through Friday 8:30 AM to 4:30 PM

Visit us on our website at abidingsavior.com





Office Closing Early

In celebration of the last day of the school year, the Church Office will close at 12:00 p.m. on Friday, June 6th.

If you have a pastoral emergency when the church office is not open, you can call **661.309.3527** to be connected to the pastor's emergency line. In particular, we ask you to notify the church office if you or anyone in your family is hospitalized.



Join Us for Pickleball

Get ready for some fun on the courts! Are you excited to play pickleball or eager to learn? We'd love to have you play with us at Abiding Savior! For more details, please email Deana Hicks at dhicks@abidingsavior.com or Allysha Neebe at

aneebe@abidingsavior.com.

Let's hit that ball and have a blast together!





Heat Wave Hazards

The first heat wave of the season was a short one, only two days. But more are on the way.

Heat exhaustion and heat stroke are the two ends of the same spectrum. The symptoms to watch for are: high body temperature (101 – 104), pale skin, muscle cramps, headaches, dizziness, weakness and fatigue, rapid breathing and increased heart rate, nausea and vomiting.

Anyone can experience these symptoms in hot, humid weather, but the following factors can increase your risk of developing heat illness:

Age: Babies, children, and older adults are at greater risk, partly due to the fact that infants and young children haven't developed the ability to sweat, and older adults have lost that ability.

Activity level: People working or exercising outdoors in the heat are more likely to develop heat-related illness.

Dehydration: If you're not replacing fluid lost from sweating fast enough, your risk increases. Drinking alcohol outside on hot days only increases dehydration.

Adaptation: Our bodies get better at responding to heat over time. People from northern climates, who might visit during a heat wave are more likely to develop heat illness. Prevention and treatment are pretty simple: get out of the sun and preferably into air conditioning, and drink water. If your temperature is above 102, try to get into a tub of cold water.

There are more things to know about heat so watch for the June Shalom for even more information. Oh, and don't forget the sunscreen!

- FELLOWSHIP MINISTRIES -

Ladies Guild: Year in Review

Janice Trumbauer

With the help of Trivia Night proceeds we were able to help four Abiding Savior college students with a scholarship. We gave a scholarship this year to Matthew Simon, Rebekah Symank, Aina Molvick, and Lillian Molvick. We wish these young people the best of everything in their studies and future endeavors.

The Ladies Guild also had a reception for the Preschool Staff in September to welcome them back to another year. We are very fortunate to have them as our prayer partners. In May, we hosted a taco bar Lunch for the Church Office staff to thank them for all they do for all of Abiding Savior.



Women's Fellowship: Recap

Janice Trumbauer

Women's Fellowship this past year has been great! Besides the monthly meetings, we have had Advent by Candlelight in December and a one-day retreat in March. Both were very well attended.

Our theme for Advent by Candlelight this year was The Christmas Guest. A great story of how a lonely shoemaker was busy waiting for God to visit him, so that he didn't see him in all the ways He had visited. A reminder that when you do for others, you do for God.

Then in March, we had a oneday retreat, "An Attitude of Gratitude". Our speaker, Jeana Baltierra, is the Orange County Rescue Mission Relations Manager, who had a great story about how she was saved and found Jesus, through the Rescue Mission and now works for them to help others. We had a catered lunch, fellowship, and decorated journals to write in. We made handstamped cards in the afternoon and sent them to Cards for Kindness. who then sent them to various groups such as: Soldiers' Angels, Ronald McDonald House, Operation Gratitude, and Stand Up For Kids.

Women's Fellowship is pausing for the summer, but we look forward to gathering together again in October! We meet monthly, generally the first Monday of the month, have a potluck dinner, and either a game night or a craft for the upcoming holiday. All are welcome to join us and bring a friend with you. Along with dinner, and craft/game, we have a devotion and lots of time for fellowship. Come get to know other members and friends! Reach out to Janice to be on the email list krafter@cox.net.



Sew 'n Sews

Abiding Savior has a group of sewing enthusiasts that meets on the 1st Saturday of the month. We

are currently making pillowcases for My Own, A Case For Kids.



This is a local charity that provides a suitcase for foster children ages 3 - 18. Each is filled with necessary hygiene essentials, clothing, school supplies, books, and/or toys. We help by providing them with their own pillowcase in fun fabrics.

We have in the past made placemats for "Meals on Wheels", grocery bags for our Church pantry, walker totes for seniors, pillowcases for CHOC hospital, and the busy bags we have at Church.

Please join us! We have sewing machines for you to use, and we supply all that is needed for the projects. If interested, contact Janice Trumbauer at krafter@cox.net.







Music Ministry at Abiding Savior Dr. Christian Guebert

This was a fun and productive year for the upper-grade music electives and advanced music ensembles.

Kingdom Ringers is our standing school handbell ensemble. Each year, it is open to grades 5-8. This year, the ensemble has 14 students, made up entirely of girls, from all of four grades! They played in the Concordia University Young Ringers Festival event with other schools. They keep a busy

performance schedule, including the Spring Arts Festival, several chapels, and several ASLC church services.

The school's praise team is open to grades 6-8. The group began as an instrumental music elective, and this year, we introduced singers to fill the band so that it returns to the chapel band format.

- MUSIC MINISTRY -

They excelled this year, so we were able to increase the number of school chapels that they led worship, more than double the original schedule. Mr. Vick has asked them to lead music for the 8th Grade Graduation ceremony, and they have asked to participate in the Spring Arts Festival.

This year, we began the After-School Choir. Such a group has not been offered for many years. Mrs. Thompson directs the group. Mrs. Geminn coordinated and launched the group at the beginning of the year. We are proud of how beautiful their choral tone is after just one year! They sing in the Arts Festival and participate in events throughout the year, and their involvement will grow next year to include the Christmas Carol Festival and other events.



Aside from these school electives, ASLS and ASLP students also sang in worship many times in their four large choirs: Preschool, TK-K, Grades 1-2, and Grades 3-5. Each features in annual Advent/Christmas programs. The Spring Arts Festival includes a Grades 1-2 choir concert and Grades 3-5 musical. Additionally, our campus hosts a yearly piano and voice student recital of students taking piano or voice lessons. The students were recently

introduced to our church pipe organ by Dr. Guebert in a school and



preschool assembly. The students loved this huge and powerful instrument and all of the things it can do!





SUNDAY, JUNE 29TH

10:15 AM

- YOUTH MINISTRY -

Youth Ministry

Alexis Upchurch

As the school year draws to a close, we can't help but feel immense gratitude for the incredible memories and boundless joy we've shared as a church family. From the sun-kissed start at our family beach kick-off to the energetic antics of our 2nd annual Junior High lock-in on May 30th, every event has brought joy and purpose to our ministries at Abiding Savior.

But the fun doesn't stop here! As we transition from textbooks to flip-flops, we're thrilled to announce an exciting lineup of events for our Junior High and High School youth ministries. Get ready for a summer packed with adventure, fellowship, and unforgettable moments!

Here's a sneak peek at what's in store:

- We'll kick off the summer with a splash at Wild Rivers, ready to conquer slides and make waves!
- Our high schoolers are gearing up for an incredible journey to New Orleans in July for the LCMS Youth Gathering, an experience that promises spiritual enrichment and amazing connections.
- Get ready to lace up your skates because at the end of July, we're bringing everyone together for a fantastic roller skating day!

As August rolls around, our focus shifts to our beloved Vacation Bible School (VBS)! This is a fantastic opportunity to pour into the lives of our young children and share the love of Christ in a fun, engaging environment. We're looking for enthusiastic volunteers to help make VBS a resounding success, so please sign up and lend your talents. And before we know it, we'll be preparing for the next school year with our Youth and Family Beach Day! Woohoo! It's the perfect way to cap off a fantastic summer and look forward to new beginnings.

We are so excited for all that the summer holds and the opportunity to continue growing together in faith and community. Keep an eye on our church newsletter and social media for more details and sign-up information for all these exciting events!

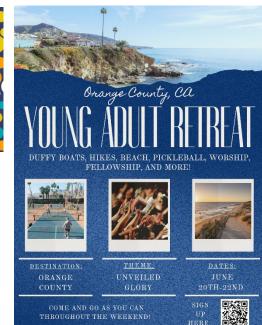


Children's Church

Children's Church will take a break for the summer starting June 8th. More details on when Children's Church will resume in the fall will be available soon! A big thank you to all our wonderful volunteers!

Young Adult Ministry Alexis Upchurch

All Young Adults...You're invited to a vibrant weekend of worship and fellowship! Join us from June 20th to 22nd as we connect with others from across Orange County and even our friends visiting from Bend, Oregon. We will do all kinds of activities from hikes, to duffy boats, to pickleball, worship, and so much more! Please sign up to participate in all the events you are interested in!

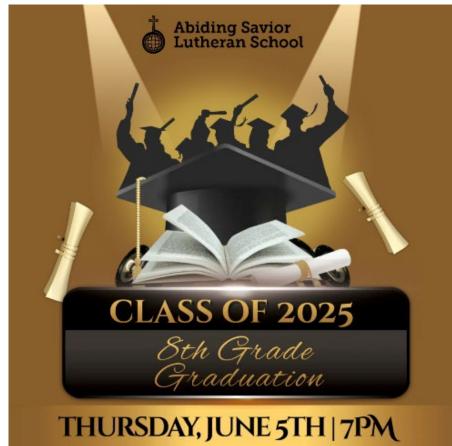




- SCHOOL MINISTRY -

Congratulations, 8th Grade Graduates Donna Lucas

Congratulations to our 8th Grade Graduates. Our 8th Grade students will graduate on June 5th at 7:00 PM in our sanctuary. We pray God's blessing on them as they continue on their educational journey. Nine of our graduates will be attending Crean Lutheran Highschool in the Fall. Congratulations to: Kaylynn Barnes, Peyton Bliss, Natalya Canett Elodie Diamond, Jax Horsley Ava Ilagan, Oliver Jacobsson Emily Kindreich, Emma Kusel Vincent Liang, Cecilia Liu William Liu, Nicholas Lopez Khloe Schwartz, and Juliana Shehata



- PRESCHOOL MINISTRY -

Congratulations, Preschool Graduates!

We celebrate the amazing preschoolers of Abiding Savior and all they've learned and achieved! It's been a year filled with laughter, learning, and growing closer to God. We pray they continue to blossom in His love, carrying the light of Jesus with them wherever they go.

The Preschool Graduation is June 6th at 4:00 pm. There are 52 graduates with 22 continuing their education at Abiding Savior Lutheran School. Congratulations, little ones, you are truly a gift!

ABIDING SAVIOR PRESCHOOL GRADUATION



Congratulations graduates of 2025! Location: Abiding Savior Lutheran Church Day: June 6th Time:4PM Cookie Reception to follow



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|---|---|---|
| 1 Worship Schedule- See chart at bottom of Calendar | 2 7p-Boy Scout Meeting 7:30p-Narcotics Anonymous | 3 5p-Pickleball | 4 8a- Parents in Prayer 9a -Wednesday Bible Study 7:45p-AA | 5 8a-Gathering Grounds Fellowship 7p − 8th Grade Graduation and Lock In | 6 Last Day of School 12p – Church Office Closed 4p – Preschool Graduation 7:30p-Narcotics Anonymous | 7 9a-Altar Guild Prep 10a-Sew and Sews 5p-Praise Worship Service |
| 8 Worship Schedule- See chart at bottom of Calendar 11:45a-Life Group, Glenn and Debby Amick | 9 7p-Boy Scout Meeting 7:30p-Narcotics Anonymous | 10 5p-Pickleball 6p – Elder Meeting | 11 9a -Wednesday Bible Study 7:45p-AA | 12 7:30p-Abiding Praise Practice | 13 7:30p-Narcotics Anonymous | 14 9a-Altar Guild Prep 5p-Praise Worship Service |
| 15 Worship Schedule- See chart at bottom of Calendar | 16 7p-Boy Scout Meeting 7:30p-Narcotics Anonymous | 17 5p-Pickleball | 18 9a- Wednesday Bible Study 7:45p-AA | 19 7:30p-Abiding Praise Practice | 20 Young Adult Retreat 7:30p-Narcotics Anonymous | 21 Young Adult Retreat 9a-Altar Guild Prep 5p-Praise Worship Service |
| 22 Young Adult Retreat Worship Schedule- See chart at bottom of Calendar 11:15a – Congregation Meeting | 23 7p-Boy Scout Meeting 7:30p-Narcotics Anonymous | 24 5p-Pickleball | 25 All Youth Wild Rivers Day 9a-Wednesday Bible Study 7:45p-AA | 26 7:30p-Abiding Praise Practice | 27 7:30p-Narcotics Anonymous | 28 9a-Altar Guild Prep |
| 29 10:15a – Unity Worship Service 11:15a – Church Picnic | 30 6p-Bible Study 7p-Boy Scout Meeting 7:30p-Narcotics Anonymous | BE ON GUARD. Stand firm in the faith. BE COURAGEOUS. Be strong. I coninthians 16:13 Net | | | | |

WORSHIP | COMMUNION SCHEDULE

- In Person Informal Worship Saturday 5:00 PM
- In Person Classic Worship Sunday 8:00 AM
- In Person Abiding Praise Worship Sunday 10:15 AM
- Live Stream Abiding Praise Worship Via YouTube Sunday 10:15 AM $\,$

COMMUNION OFFERED WEEKLY

Communion Offered 1st and 3rd Weeks Communion Offered 2nd and 4th Weeks



Return Service Requested Time Dated Materials

